

AM Essentials™

VITAMINS

Vitamin A (as retinyl palmitate and 85% as natural beta-carotene), Vitamin C (as ascorbic acid and ascorbyl palmitate), Vitamin D (as cholecalciferol), Vitamin E (as d-alpha tocopheryl succinate and from mixed natural tocopherols), Vitamin K (as phytonadione), Thiamin (as thiamin HCl), Riboflavin (as riboflavin and riboflavin-5-phosphate), Niacin (as niacinamide and niacin), Vitamin B6 (as pyridoxine HCl and pyridoxal-5 phosphate), Folate (as folic acid), Vitamin B12 (as cyanocobalamin), Biotin, Pantothenic acid (as D-calcium pantothenate)

MINERALS

Iodine (as potassium iodide and from kelp), Calcium (as calcium carbonate and citrate), Zinc (as zinc glycinate), Selenium (as selenomethionine) Copper (as copper lysinate), Manganese (as manganese gluconate), Chromium (as chromium polynicotinate), Molybdenum (as sodium molybdate)

TELOMERE MAINTENANCE COMPLEX

A proprietary blend of Soybean lecithin [linoleic acid (10.6%), alpha-linolenic acid (1.3%), oleic acid (1.6%)], Borage seed oil (10% gamma-linolenic acid), Evening primrose oil (4.8% GLA), Fish body oil (4.5% eicosapentaenoic acid, 3.0% docosahexaenoic acid), Fenugreek seed, Turmeric root extract (95% curcuminoids), Quercetin dehydrate, Astragalus root extract, Cayenne pepper fruit, Purslane extract (aerial parts), Vanadium (as vanadyl sulfate)

CALORIE RESTRICTION MIMETICS AND GENE EXPRESSION

A proprietary blend of Alpha lipoic acid, L-Carnitine tartrate, Coenzyme Q10, L-Carnitine HCl, Betaine HCl, Fisetin [*Buxus microphylla* Sieb (stem and leaf), Pterostilbene, Resveratrol (from *Polygonum cuspidatum* root extract), Sulfur (from MSM – methylsulfonylmethane)

FREE RADICAL SCAVENGER COMPLEX

A proprietary blend of Ginkgo biloba leaf extract (24% ginkgo flavonglycosides, 6% sesquiterpene lactones), Green tea leaf extract (40% catechin and polyphenols), Green barley grass (aerial parts), Anthocyanins (from bilberry fruit and grape skin extracts)

NATURAL DNA REPAIR SUPPORT

N-Acetyl-cysteine, Inositol hexaphosphate

STEM CELL MAINTENANCE COMPLEX

A proprietary blend of Klamath blue-green algae, Spirulina algae, Chlorella algae, Fucoxanthin seaweed (whole plant), Nori seaweed extract

CELL REGULATION COMPLEX

A proprietary blend of L-Glutamine, Guarana seed extract (20% caffeine), DMAE bitartrate, Phosphatidylcholine (from soy lecithin), L-Phenylalanine, L-Tyrosine, Cordyceps sinensis mushroom extract (1% cordycepic acid), Gotu kola leaf, Royal jelly 3X (5% 10-HDA)

DIGESTIVE ENZYMES

Amylase, Neutral protease, Cellulase, Lactase, Lipase
Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, calcium silicate, magnesium stearate, silica and film coat ingredients: (hypromellose, hydroxypropyl cellulose and polyethylene glycol). Contains soy and fish (anchovy and sardine).

PM Essentials™

VITAMINS

Vitamin A (as retinyl palmitate and 85% as natural beta-carotene), Vitamin C (as ascorbic acid and ascorbyl palmitate), Vitamin D (as cholecalciferol), Vitamin E (as d-alpha tocopheryl succinate and from mixed natural tocopherols), Vitamin K (as phytonadione), Thiamin (as thiamin HCl), Riboflavin (as riboflavin and riboflavin-5-phosphate), Niacin (as niacinamide and niacin), Vitamin B6 (as pyridoxine HCl and pyridoxal-5-phosphate), Folate (as folic acid), Vitamin B12 (as cyanocobalamin), Biotin, Pantothenic acid (as D-calcium pantothenate), Minerals

Iodine (as potassium iodide and from kelp), Magnesium (as magnesium oxide and glycinate), Zinc (as zinc glycinate), Selenium (as selenomethionine), Copper (as copper lysinate), Manganese (as manganese gluconate), Chromium (as chromium polynicotinate), Molybdenum (as sodium molybdate)

TELOMERE MAINTENANCE COMPLEX

A proprietary blend of Soybean lecithin [linoleic acid (10.6%), alpha-linolenic acid (1.3%), oleic acid (1.6%)], Borage seed oil (10% gamma-linolenic acid), Evening primrose oil (4.8% GLA), Fish body oil (4.5% eicosapentaenoic acid, 3.0% docosahexaenoic acid), Valerian root, Turmeric root extract (95% curcuminoids), Fenugreek seed, Quercetin dehydrate, Cayenne pepper fruit, Purslane extract (aerial parts), Vanadium (as vanadyl sulfate)

CALORIE RESTRICTION MIMETICS AND GENE EXPRESSION

A proprietary blend of Alpha lipoic acid, L-Carnitine tartrate, Acetyl-L-carnitine HCl, Betaine HCl, Coenzyme Q10, Fisetin [*Buxus microphylla* Sieb (stem and leaf)], Pterostilbene, Resveratrol (from *Polygonum cuspidatum* root extract) Sulfur (from MSM – methylsulfonylmethane)

FREE RADICAL SCAVENGER COMPLEX

A proprietary blend of Cruciferous vegetable concentrate (broccoli, kale, radish) (2% glucosinolates), Grape skin extract (37% total phenolics), Green barley grass (aerial parts), Rosemary 4:1 extract (aerial parts), Tomato lycopene extract (20% lycopene), Pycnogenol (pine bark extract), Lutein (from marigold flower extract)

NATURAL DNA REPAIR SUPPORT

N-Acetyl-cysteine, Inositol hexaphosphate, Melatonin

STEM CELL MAINTENANCE COMPLEX

A proprietary blend of Klamath blue-green algae, Chlorella algae, Fucoxanthin seaweed (whole plant), Spirulina algae, Brown seaweed extract

CELL REGULATION COMPLEX

A proprietary blend of L-Glutamine, L-Arginine (as L-arginine HCl), L-Ornithine (as L-ornithine HCl), Inositol, Phosphatidylcholine (from soy lecithin), L-Tyrosine, Taurine, Royal jelly 3x (5% 10-HDA), Cordyceps sinensis mushroom extract (1% cordycepic acid)

PROBIOTIC BLEND

(*Lactobacillus acidophilus*, *Lactobacillus plantarum*, *Bifidobacterium bifidum* and *Lactobacillus casei*)

DIGESTIVE ENZYMES

Amylase, Neutral protease, Cellulase, Lactase, Lipase

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid, calcium silicate, magnesium stearate, silica, and film coat (hypromellose, hydroxypropyl cellulose and polyethylene glycol)

Contains milk, soy and fish (anchovy and sardine).

